

BVP DELHI STATE (West)
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Vikas Sandesh



VIKAS SANDESH IS THE OFFICIAL NEWS LETTER OF BHARAT VIKAS PARISHAD DELHI STATE (West)

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A NEW STATE IS BORN



The newly created Prant - Delhi West - unveiled itself on 26th June, 2016 when its first Workshop was held at Shri Ram Mandir, Janakpuri in the benign presence of 65 BVP luminaries including Shri S.K. Wadhwa, National Vice President of North India Region. Those who graced the occasion included Smt. Shashi Azad,

Secretary, Delhi Region, Shri Vineet Garg, All India Secretary General BVP, Sh. Joginder Madan, Secretary North India region (Workshop), Sh. Madan Malik Secretary BVP (Sewa), Sh. Vijay Bhatia, Advisor, BVP Delhi State West, Smt. Archana Singhal, Secretary North India Region (Mahila Sahbhagita), Sh. I.D. Ojha, former President of Bharat Vikas Parishad, Shri B.L. Parashar, our Chief Advisor among others. Office bearers of all the branches participated in the proceedings with enthusiasm.

The programme started with Deep Prajwalan and Vande Matram. Dayitva Grahan oath to the newly nominated office bearers i.e. S/Shri M.K. Wadhwa (President), Arun Kumar Jain (General Secretary) and Narender Bhalla (Treasurer), was administered by Shri Vineet Garg, National Additional Secretary General, BVP. The General Secretary Arun Kumar Jain read out the Report of activities of various Branches of the Delhi (West).

In her address, Smt. Shashi Azad congratulated the officials of the Prant and exhorted them to work hard to expand its activities. Smt. Archana Singhal said that any organization without the participation of women remains *adhoori*. All members at all levels must strive to bring in their spouses to the meetings and functions of BVP.

Shri B.L. Parashar recounted the achievements of the Branches of the new Prant. He said this area has produced

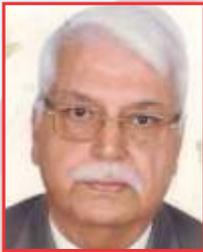
leaders like Dr. R.K. Thakur, Shri I.D. Ojha & Shri Raj Kumar Aggarwal. Janakpuri alone has given active workers like (late) Sh. R.K. Choudhary (Gen. Secy.), Sh. M.L. Arora (President), Sh. K. B. Mahajan (Genl. Secy.), Sh. K.C. Sud (Treasurer) and and Conveners of several projects at Prant level. He was sure that the newly created Prant will work more cohesively because of territorial proximity to one another. He felt that at least 5 more branches would be added to this Prant.



Sh. K.B. Mahajan who spoke about the Vikas Sandesh lamented that it had been stopped for a little while but assured his full support to make this newsletter more interesting and informative. Others who spoke included S/Shri Vinay Bhatia (Paryavaran), Vijay Jain (Bharat ko Jaano) and Sh. Madan Malik (Sewa Projects). Questions and doubts from the audience were aptly handled by Shri S.K. Wadhwa ji.

Shri. M.K. Wadhwa, President of the Prant thanked everyone for their positive response and assured them that he and his team will strive to take the Prant to greater heights. After National Anthem, the Workshop came to a close. Lunch was served to all.

Arun Kumar Jain, General Secretary



SEHYOG

Sehyog (cooperation) is perhaps the most important thread with which the matrix of any society – modern or ancient – is interwoven. Nothing seems to be possible without Sehyog – be it among the nations, the institutions or even individuals. Bharat Vikas Parishad has understood the importance of *Sehyog* and has enshrined it as one its five basic tenets.

In the context of Bharat Vikas Parishad, Sehyog among all its components Sehyog is very vital to achieve growth.

- In sociological terms the society is made up of sampark (contact) and Sehyog. Individuals cooperate with one another and come closer to make a small group (called Branch in BVP). At this point the Branch becomes the focal point and inspires the individuals to help each other. This expansion moves up and several Branches come into existence. As the Branches grow in number they get organized into States and further a group of states converge into a central office.

This becomes a perfect pyramid in which the Central office chalks out policy matters and draws a roadmap for the whole organization. These policies and guidelines are handed down to the states and finally these percolate to the Branches and individuals.

- The basic work force thus remains at the individual and branch level. I say 'individual' level because as we have seen in the past some branches are very active and organize an host of activities (*Karma*) in their respective areas and then suddenly become inactive. Why? Because some individuals, who were relatively young at a particular time and were very enthusiastic, have grown old and there is no one to carry on their legacy with that force – G.K. II and Nizamuddin (West) are the cases in point. There is another category like Dwarka Branch which is still in a nascent stage and needs sehyog from the State and other Branches.

- The third category comprises of branches which have been very active and continue to be active and innovative. When such branches face any impediments it becomes the responsibility of the State to see that these are not left to collapse due to man power, experience and more importantly finances. It is here that Sehyog plays a very important role. In fact this is the responsibility of the State to see that no branch collapses due to any reason.

- We all understand that all the finances are collected at the branch level. States or the Centre do not generate any funds on their own. Hence the financial Sehyog between Centre – State – Branches and even *among* the branches remains of paramount importance.

- Delhi State (South) has had a very healthy tradition of organizing some activities at the state level in which all branches would contribute their mite. Helping the

Handicapped and Vanvasi Sahayata Camps used to be organized at State level in the past. These are now being done by a few branches. However, even today the State is running a Dental Van and Vikas Sandesh successfully. Even in these projects the Sehyog of Branches cannot be undermined.

So, in conclusion I must say that without Sehyog among all the components – individuals, branches, States and Centre no activity is possible. The State should continuously evaluate the activities of each Branch just as Centre does for all the states and extend a helping hand where ever required.

D.N. Grover, Chief Advisor

BVP Delhi State (South)

Importance of Vikas Sandesh



After the re-organization of the BVP Delhi (South) into 'South' and 'West' one stark casualty has been the dearth of information/communication among the Branches of the Prant. The only communication channel, viz. *Vikas Sandesh* got snapped and for the last 4-5 months nobody knows what its neighbouring branches' activities

are. Even the members of a particular Branch are unaware of its activities. If someone has not been regular in the meetings of the Branch, he/she would have even lost contact with his/her fellow members.

Vikas Sandesh, having served the BVP community since 2008, has become a natural link among the members, Branches, the State as well as Centre. Important announcements have been available at the doorstep of every one through this news letter.

Now that the decision to re-start this strong medium of communication, has been taken, I hope that the vacuum its absence had created for some time, will be forgotten.

I request all Executives of BVP at Branch and State level to strive for making this publication more interesting than before. It should carry not only the activities and notices at all levels but also the happy and sad news, news about high achievers (members and their family members) and any other item which could be of interest to all members in the family.

Vikas Sandesh can take the financial burden off the State revenue. Advertisements (Half Page Rs. 1500/- and Strip at the bottom of each page @ Rs. 500/- each) can meet the expenditure to a large extent, if not completely.

So, here you are, go through the new look *Vikas Sandesh*. Last date for material for the next issue : 7th Sept 2016.

Editor

B BLOCK JANAKPURI BRANCH



HELP THE NEEDY: Bharat Vikas Parishad, B Block Janakpuri Branch organized a Programme on 7th May, 2016 at Shri Shiv Shakti Sanatan Dharm Mandir, BA/BB Block, Janakpuri to HELP THE NEEDY. Chief Guest in this programme was Shri B.L. Parashar, a well known social activist. He dwelt upon the history and activities of BVP and admired the work being done by our Branch.

Others who graced the occasion included Shri M.K. Wadhwa, President, BVP, Delhi West, Shri G B Sharma, President, Janakpuri (Main) Branch and Smt. Madhu Seth, President A Blk. Branch.

Items distributed included: Hearing Aids=6; Sewing Machines=2; Tricycle=1.

As in the past several years, Note books and registers costing over Rs. 50,000/- were donated to Sewa Dham Sr. Sec. School. In addition 84 school bags were donated to the poor children from 6 schools for their students admitted under EWS scheme.

Vanvasi Sahayata: The Branch and its Members have 'adopted' seven EKAL VIDYALAYAS through Rajasthan Vanvasi Kalyan Parishad, Udaipur. A sum of Rs. 1.05 lakhs was remitted to the Parishad towards annual expenditure of 7 Vidyalayas.

Personality Development Camp through Yoga:

An 8-day Personality Development Camp through Yoga (15th to 22nd May, 2016) came to a close on Sunday, the 22nd May. Chief Guest at the function was Shri B.L. Parashar, *Marg Darshak* of the Branch and well known social and religious activist. Others who



graced the occasion included S/Shri M.L. Kalra, I.S. Choudhary, Yogacharya Sharad Kumar and several other personalities.

Certificates were distributed among the participating children.

Yog Guru Shri B.K. Pant took the class every day from 7.00 to 8.00 a.m. and taught the children and their parents/guardians various yog asanas, pranayams with

B BLOCK JANAKPURI BRANCH

their utility during our day-to-day life. He exhorted everyone to stop using junk foods and colas as these are very harmful for our health. Instead, he suggested, that we should take *Nimboo Paani* or *Lassi* and such other drinks.

Prasad was distributed among the 100 odd participants every day.

The Branch used this opportunity to popularize the activities and philosophy of Bharat Vikas Parishad. Needless to say a very good response was received – 11 new Members enrolled and an eye donor were registered during the camp.

International Yoga Day:

The Branch celebrated the 2nd International Yoga Day with full enthusiasm and fervour. Over 150 *sadhaks* comprising men, women and children gathered at the BB Block Neighbourhood Park in Janakpuri at 7 a. m. for the event. Shri Bhagwat Kumar Pant, a known Yogacharya enthralled the group with his yogic acumen. Starting with the prescribed Protocol by the Ministry of AYUSH he took everyone along through Yogic *asanas* and *pranayams* explaining eloquently the meaning and benefits of each.



Children, ladies and gentlemen performed *yog asanas* and *pranayams*; prominent among them was Shri B.P. Behl a 93 years old young man.

Dr. (Smt.) Meena Thakur, a social activist who herself is a



great Yog Guru graced the group and performed all *kriyas* along with others. In her brief speech she exhorted everyone to take to Yoga and 'earn' happiness and good health.

The 2- hour programme ended with *Nar Sewa-Narayan Sewa* in which a Hearing Machine (to Shubham), Stationery items (to Ek Rahat) and Cash reimbursement of expenditure incurred by Mrs. Rita for the medicines of her epileptic son, were given. M/s Rana Motors arranged for the Prasad.

Help to Aashirwad : The Branch extended help to Aashirwad with a sum of Rs. 5000/- for T-Shirts meant for the participants of a Yoga camp organized by them.

New Members : The branch enrolled 125 members including 27 new ones. We welcome the new members.



K.B. Mahajan Secretary.

C 2 BLOCK JANAKPURI BRANCH



In the **General Body Meeting** of the Branch held on 29-05-2016 final Audited Accounts for the year 2015-16 were unanimously approved by the house. It was also informed that about 70% collection of membership for 2016-17 has been done and the balance will be completed by 2nd week of June, 2016. 7

members were introduced to the house. Birthday of 17 members born in the month of May was also celebrated in the usual Indian tradition with blessings from all the members.

Yoga Camp: On the occasion of Yoga International Day on 21-6-2016 the branch participated in the yoga camp organised by C2B RWA in the Central Park of the block where about 50 ladies and gents participated from 6 AM to 9 AM. The camp was organised under the able guidance of a lady Yogacharya who explained the importance of daily yoga & pranayam exercises to keep fit and active in day to day life.

Bal Sanskar Shivir : Bal Sanskar shivir was organised by the branch from 25-06-2016 to 28-06-2016 where school children of the age group 7 to 15 years participated in the programme which included drawing competition, yoga pranayam exercises, poems and songs and speech competition on the current topics and kite flying. The programme was conducted under the guidance of convener of bal sanskar and teachers from the nearby schools. All the branch functionaries attended the programme. Children with outstanding performance were awarded on the concluding day of the camp.

Celebration of birthday of Dr. Suraj Prakash Ji: Birthday of Dr. Suraj Prakash, (27-06-1920) founder of BHARAT VIKAS PARISHAD was celebrated in branch General Body Meeting



held on 29-06-2016 in the presence of about 100 members. Besides many members of nearby branches including state functionaries Sh. M. K. Wadhwa, President West Delhi State, Sh. Vinay Bhatia Organising

Secretary and functionaries of Janakpuri Main Branch, Sh. B. L. Prashar, Chief Advisor of the state and Chairman, Shri Ram Mandir was the chief guest and main speaker who highlighted the life and achievements of Dr. Suraj Prakash in building this organization for uplifting the moral of countrymen after 1962 debacle and also for improving the lives of poor, handicapped and down - trodden countrymen by taking help from the better placed persons of the society

C 2 BLOCK JANAKPURI BRANCH

through Bharat Vikas Parishad.

Birthday of 10 members born in the month of June were also celebrated.

Health : Free Bone Mineral Density Test Camp was organised by the branch on 24-06-2016 in Geeta Mandir from 10 AM to 1.30 PM where 85 ladies and gents got themselves checked up with expert advice for treatment.

Membership: The Branch introduced 30 new members during the year and with this the membership of the branch as on 30-06-2016 is 230 (including 40 members of New Netaji Subhash Branch) against 214 in 2015-16.

K. C. Sud, Secretary

Grieved

Smt. Vidyavati mother of Sh. Sunil Saluja our member, expired in April, 2016

Sh. N. S. Bhalla, one of the founder & loyal members expired in April, 2016.

Smt. Swaran Kanta Ghai, our leading lady member expired in May, 2016.

Respected Mother of our young member Sh. Anil Satija expired in June, 2016.

K.C. Sud, Secretary, C2 Janakpuri Branch

Dr. K.B. Rai, a respected member of the B Block Janakpuri Branch and a well known English poet left for his heavenly abode on 26th June, 2016 at the age of 81+. He had about 25 Poetry books to his credit.

K.B. Mahajan, Secretary, B Block Janakpuri Branch

With Best Compliments from



Dr. Amrinder Singh
Homoeopathic Physician

Dispensary

Gurudwara Shri Guru Singh Sabha
C2, Central Zone, Janak Puri
Timing : 9.00 to 10.00 a.m.

Dispensary

Shri Shiv Shakti Sanatan Dharam Mandir
BA/BB Block, Janak Puri, New Delhi
Timing : 5.30 to 7.30 p.m.

C2/308, Janakpuri, New Delhi-110058

Mob. : 9999991553

JANAK PURI (MAIN) BRANCH



Baal Sanskar Shivir: A 15-day Bal Sanskar Shivir under Bal Sanskar Project was organized by Janak Puri (Main) Branch from 15.5.2016 to 29.5.2016 at Shri Sanatan Dharm Mandir, C-3 Bus Stop, Janak Puri, New Delhi.

The shivir was inaugurated by Sh. B.L.Parashar, Chairman of the Mandir & Dr. Meena Thakur, eminent social worker. 108 students participated & learnt the art of Yoga & Pranayam from eminent Yogacharyas like Sh.G.B. Sharma & Sh. M.L.Arora. Sh. B.L.Parashar, Sh. M.K.Wadhwa, Sh. B.N. Malhotra, Sh. J.P. Sharma & Sh. R.P. Arora, Smt Kanta Ojha, Sh.J.C. Bhasin, H.C Batra addressed the children on various days. The convenor of shivir was Sh. Arvind Gaur.

On the concluding day the Branch honoured the Yogacharyas. Prizes & Certificates were awarded to the participants. Eminent personalities present on this occasion included Sh. I.D. Ojha, Sh.Gobind Ram Aggarwal, Sh. R.S. Aggarwal, Sh. M.C. Chawla, Sh. M.P.Anand, P.K.Puri, Sh J.C Pasricha, Sh. Sanjay Tanwar and Sanjay Bhaiyana.

International Yoga Day: The Branch celebrated International Yoga Day on 21st June, 2016 at the Park behind Ram Mandir, Janakpuri. More than 1500 *sadhaks* performed yogic *kriyas* and *pranayams* under the benign presence of Shri B.L. Parashar and Swami Gopalanand ji from Haridwar and guidance of Yogacharya Shri G.B. Sharma.

Ashok Khurana, Secretary

TILAK NAGAR BRANCH



Medical Check up Camp: Bharat Vikas Parishad, Tilak Nagar Branch organised a Free Medical Check up Camp at Arya Samaj Mandir, Tilak Nagar on 22.5.16. It was well organised successful programs. In this camp approx. 100 residents took the benefit. In this camp free tests like Sugar, BP, ECG, Eye check up etc. were

conducted.

Chhabeel: Tilak Nagar Branch organized a Chabeel on the auspicious occasion of Nirjala Ekadashi in which several members of the Branch took active part for distribution of sweetened water among the passers by.

*Ajay Vyas,
Secretary*



VIKAS PURI (Societies) BRANCH



Shrimad Bhagwat Katha Gyan Yagya: Vikas Puri, (societies) Branch participated in 8-day SHRIMAD BHAGWAT KATHA GYAN YAGYA from 13th June to 20th June, 2016, from 3.00 PM to 6.00 PM organised at Gauri Shanker Mandir, DG-II, Vikas Puri, by

Katha Vyas Shradey Pt. Bhisham Pitamah Mishra (Ayodhya Wale) with the active efforts of Sh. D.P. Srivastava, Sh. A.K. Malhotra, Sh. R.K. Sharma, Sh. D.S. Pahwa, Sh. Ravi Thussu, Sh. Alok Varshney & Sh. V.K. Gupta. Many members of Bharat Vikas Parishad Vikaspuri (Societies) Branch, Senior citizens & many devotees of Vikas Puri, Hastal & adjoining areas participated. Sh. Mohinder Yadav, MLA, Vikas puri, Sh. Ashok Saini, Councillor, Sh. Karam Veer Yadav, Councillor, Sh. Nand Kishore, ex-MLA & Smt. Sarita Jindal ex-Councillor graced the occasion with their presence. It was concluded with Hawan & Bhandara on 20th June, 2016.

Nirjala Ekadashi: Vikas Puri (societies) Branch organised a Chabeel on 16th June, 2016 on the auspicious occasion of NIRJALA EKADASHI, from 10.00 A.M. onwards at Gauri Shanker Mandir, DG-II, Vikas Puri. Sh. D.P. SRIVASTAVA, Advisor of branch, Sh. R. K. Sharma, President, Sh. A. K. Malhotra, Auditor of the Branch, Sh. Dalip Singh and many devotees participated in the Chabeel. Sweetened water was distributed to many passers by in the scorching heat.

R.K Sharma, President

PASCHIM VIHAR BRANCH



Yoga Camp: Paschim Vihar Branch organized a Yoga Camp from 22- 29 June, 2016. The time was 6.15 to 7.45 a.m. everyday for 8 days. The venue was A2 Shishu Saraswati Bal Mandir School, Paschim Vihar. The Camp attracted very

good response from the children ladies and gentlemen of all ages

*Deepak Aggarwal,
Secretary*





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